

## Our Neighborhood

RHGNA boundaries extend between South Downing, East Evans, South Broadway, and East Yale surrounding Harvard Gulch and Kunming parks in south central Denver, CO.

Voluntary Donations  
may be mailed to  
RHGNA  
P.O. Box 101512  
Denver, CO 80250-1512  
or visit [www.rhgna.org](http://www.rhgna.org)

Harvard Gulch  
Recreation Center  
HOURS  
Mon-Weds: 9am-8pm  
Thu-Fri: 9am-9pm  
Sat: 9am-1pm  
Sun: Closed

## THIS MONTH'S ISSUE:

### 3 SLACKLINING

Popular sport comes to Harvard Gulch.

### 4 ROSEDALE SALES PRICES JUMP

Home sale prices are up 21% from last year.

### 5 COLORADO CHILDREN'S HOME

Reunion scheduled in July.

### 8 THINK CLOSE FIRST

10 reasons why shopping in your neighborhood benefits everyone.

Dear Rosedale Harvard Gulch Friends and Neighbors!



As spring arrives, we can all focus on celebrating and creating new beginnings. With this in mind, our RHGNA Board has created an ambitious calendar of presentations and events for 2015-2016.

Presentations at our general meeting will focus on zoning, water issues, wellness, and safety for our neighborhood. Events planned include the 2nd Annual Lantern Festival, 4th of July Children's Bike Parade and Safety Workshop, Community Garage Sale, Harvest Dinner, Craft Fair, and a community project in August.

Please watch for our E-blasts and visit the RHGNA website often for notification and details of all our plans.

*Transforming our Neighborhood into a Community,*

Beverly Cox, Co-President, and Pamela Quigley, Co-President

## Neighborhood General Meeting

May 20, 2015

6:30 pm

Harvard Gulch Golf Clubhouse

All neighbors welcome!

The Rosedale Harvard Gulch Neighborhood Association exists to connect our neighbors with each other, provide information that is of interest or importance, and to develop pride and ownership in our beautiful neighborhood. We create opportunities for community members to learn about issues that impact them, to be empowered to make decisions and take action as they choose.

## Thanks for reading the RHGNA newsletter!

If you live between Evans and Yale and between Broadway and Downing, you are part of the Rosedale Harvard Gulch Neighborhood Association, or RHGNA. Membership is free. As a resident of this community, your investment is already a significant one. Your actions can have a profound influence on the changes and challenges this neighborhood will face in the coming years. RHGNA is completely volunteer driven. There are several board and committee positions to fit your talents and time. Please contact any board member to volunteer.

### RHGNA Board Members

Pamela Quigley, Co-President  
303/722-4454

Bev Cox, Co-President  
303/778-1018

Cathy Darnell, Secretary  
303/744-0207

Lucy Barnett, Treasurer  
303/882-7036

### Committee Chairs

Scott Nelson, At-Large  
303/518-8856

Tom Montoya, Safety and Schools  
303/903-3784

A.J. Reed, Zoning  
720/254-4553

Lynne Scholfield, At-Large  
303/522-4507

Martha Brown, Communications  
321/209-3035

Tom Gillogly, Business  
720/280-3015

Maggie Reger, Membership  
757/572-0420

Greg Reger, Parks and Rec  
913/484-9453

### Newsletter delivery

We hope that you enjoy reading our Quarterly Newsletters. We understand that for many folks, it is the preferred method of receiving the neighborhood news. However, in an interest to cut printing costs and be good stewards of natural resources, we will only deliver a hardcopy of the newsletter to your door upon request. To continue to receive a printed newsletter please call Bev Cox at 303-778-1018 or Pamela Quigley at 303-722-4454 with your name and address. You can sign up for email delivery of our newsletter by going to our website. Quarterly newsletters are also available for download on the website at the bottom of the Committees page.

### Help welcome new neighbors

Our outreach to new neighbors must be constant, and you can help! Our New Member Packet offers information on our community, a map of nearby resources, and more. It is a great introduction to RHGNA for any newcomers. If you know of new residents on your block, contact Lynne at 303-522-4507 to request delivery of a New Member Packet.

### Email news

We publish electronic email news bi-weekly, depending on content. If you are signed up to get our emails, please consider inviting your neighbors to do so as well. Our goal is to share important and beneficial information with every web-connected neighbor. Make sure to also check our website often for events, news and special offers from local businesses. You can sign up for email by visiting our homepage and filling out the email subscribe form at the top of the first page.

### Advertise with RHGNA

There are several advertising opportunities for your business to reach our neighbors and help us cover costs of printing, special events and other neighborhood initiatives.

Neighbor to Neighbor ads appear in our email blasts and allow anyone who lives, works or owns property in our neighborhood to promote their business. Home-based businesses pay \$10 for five appearances. Storefront businesses pay \$25. Businesspeople under 18 can advertise for free!

Advertising opportunities are also available for our printed newsletters.

Contact [communication@rhgna.org](mailto:communication@rhgna.org) for details.



### Like RHGNA on Facebook!

Stay up to date, share events and find your neighbors!  
Head to <https://www.facebook.com/RHGNA>  
for all the fun!

# SLACKLINING AT HARVARD GULCH

Lynne Scholfield, At-Large Board Member  
Greg Reger, Parks and Rec Chair

Just what are those grey metal posts about eight inches in diameter and four feet tall at Harvard Gulch Park? Those are set up for slacklining, an activity that's been gaining in popularity since it was first created in 1976.

Slacklining is similar to tightrope walking, but uses a flatter line that can be adjusted for varying degrees of tension, giving you as much bounce or slack as you wish. Slacklining can be set up anywhere, from between trees to over a canyon (for which you'll need proper safety harnesses for), using a simple slackline kit. Slackers often attach their lines to trees but in Denver City parks, attaching slacklines (or anything else) to trees is illegal. The program at Harvard Gulch is a pilot program designed to gauge interest in the activity. Installation at other parks may follow.

You'll need to bring your own slackline kit, which run between \$50 - \$100 and is sold at most sporting goods stores. There are Meetups for slackliners to find others interested in the sport, as well as The Colorado Slackline Club Facebook page .



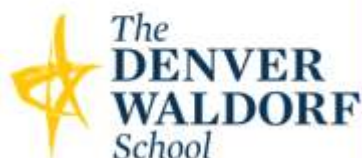
Instagram photo of slacklining from @milehighslacker

Check out Denver Recreation's new online service center to purchase memberships and register for activities.

The acceptance of paid advertising in this newsletter does not constitute or imply endorsement of any advertised product or service by the Rosedale Harvard Gulch Neighborhood Association (RHGNA), its Board, or members. RHGNA accepts no responsibility for any claims made in any advertisement in this newsletter.



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## ROSEDALE REAL ESTATE SNAPSHOT

A.J. Reed, RHGNA Zoning Chairman, Realtor

The real estate market is booming in Rosedale. We have seen a lot of new construction in the neighborhood and I expect this trend to continue.

In the first quarter of 2015 there were a total of 18 homes sold in Rosedale. The average price was \$462,539 and the median price was \$424,000. This is a 21.87% increase in the average price from the first quarter of 2014.

Quarter	Number of homes sold	Avg. price in \$
Q1 2014	13	\$379,538
Q1 2015	18	\$462,539

## SHORT TERM RENTALS

Scott Nelson, RHGNA At-Large Chairman, Realtor

Perhaps you have heard people talking about the short-term rental laws in Denver and how it has become a topic of hot debate in recent months. Perhaps you have had a neighbor or know someone in the city who has rented out their home for short periods of time, similar to what many people do in the mountains for weekend vacationers.

Short-term rentals are defined as residential properties that are being rented for a term of less than 30 days. They are often furnished and used for vacation rentals or as an alternative to hotels for out of town visitors. Currently Denver law prohibits short-term rentals, but it may be a topic headed for further discussion and regulation. Some people feel it is an unwanted nuisance to have constant turnover in a neighboring home, affecting parking, safety, and noise. Others feel it is a good way to allow out of town visitors to see the city and experience the neighborhoods.

Denver's Inter-Neighborhood Cooperation (INC) recently held a public meeting to allow people to share their input on the pros and cons of allowing short-term rentals, as well as vote on a resolution to present to the City and the Mayor. Videos from the meeting can be seen at: <http://denverinc.org/short-term-rentals-forum/>



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# “CREATION HEALTH” BY PORTER HOSPITAL COMING TO ROSEDALE

By Mary Shea, Porter Hospital

Porter Adventist Hospital and CREATION Health are bringing an exciting opportunity to Rosedale! CREATION Health is a

program dedicated to helping people live a more abundant life through the following principles:



- Choice
- Rest
- Environment



- Activity
- Trust
- Interpersonal Relationships



- Outlook
- Nutrition

Select participants in the Rosedale community have an opportunity to be a part of a six-week study, dedicated to improving their overall health. If selected to participate, individuals will receive, at no cost, pre and post biometrics screenings which include intake and assessment of their cholesterol, height, weight, body mass index (BMI), BP and lifestyle. Participants will be introduced to dietary and exercise plans over eight 90 minute sessions, dedicated to helping them make healthy and manageable customized lifestyle changes. You can learn more about this unique program and how to apply at the May 20th neighborhood meeting. Must be 18 years or older to qualify.

## COLORADO CHILDREN'S HOME REUNION

Lynne Scholfield, At-Large Board Member

Many of you know that Harvard Gulch Park was once the site of The Colorado State Children's Home which housed orphaned children (infants to 18 year olds) from 1896 to 1971. The orphanage was located in Denver at South Logan Street and East Iliff Avenue on a 54 acre tract of land that was owned by the State of Colorado. During 75 years of operation, 17,000 boys and girls came to call that institution home. A few of the original buildings remain standing on the grounds of what is now known as Harvard Gulch Park.

In 1999, an alumni association was created and named Historic Colorado State Children's Home, Inc. This group represents the many who lived or grew up at this orphanage. Although the Home closed in 1971 there are still alumni living in the area.

The Alumni Assn. is planning a reunion to be held at the Harvard Gulch Park Recreation Center (the former State Home Gym) on Sunday July 26, 2015, from 11 AM to 2 PM. Alumni, their families, staff, friends and supporters are welcome. The cost is \$5.00 for meat and drinks. Everybody should bring a dish to share. There will also be a memorabilia china plate available for purchase for \$ 25.00.

For more info, contact Jim Lucero at [jh\\_lucero@hotmail.com](mailto:jh_lucero@hotmail.com)

# CINNAMON FILLED PANCAKES

Maggie Reger, Membership Chair

Spring is in the air, and along with it comes a desire to cook. To kick start any spring or summer day, enjoy these delightful pancakes with a tasty twist with your family – they are sure to be a hit.

PREP TIME: 20 MINS

COOK TIME: 5 MINS

TOTAL TIME: 25 MINS

## INGREDIENTS

### For the Cinnamon Filling:

4 tablespoons unsalted butter, melted

1/4 cup + 2 tablespoons packed light brown sugar

1/2 tablespoon ground cinnamon

### For Cream Cheese Glaze:

4 tablespoons unsalted butter

2-ounces cream cheese, at room temperature

3/4 cup powdered sugar

1/2 teaspoon vanilla extract

### For the batter (Can replace with box or ready-made mix)

1 cup all-purpose flour

2 teaspoons baking powder

1/2 teaspoon salt

1 cup milk

1 large egg, lightly beaten

1 tablespoon canola or vegetable oil



1. To make the cinnamon filling: Combine brown sugar, melted butter, and cinnamon in a medium size bowl. Scoop into a baggie and set aside.

2. For the glaze: In a small pan melt the butter over low heat. Whisk together the cream cheese, vanilla and powdered sugar. Take off of the heat and set aside until ready to use on pancakes.

3. To make the pancakes: Combine flour, baking powder and salt. Whisk together the milk, egg, and oil. Combine wet and dry ingredients.

4. Heat skillet to medium low. Once preheated, spray with non-stick spray. Add about 1/2 cup of the batter to the skillet. Wait until bubbles start to form. Snip the corner of the cinnamon filling, and create a swirl pattern in the center of the pancake as pictured above. See notes. Be careful not to get it too close to the edge. With a wide metal spatula flip the pancake over and continue cooking for an additional 1-2 minutes until golden brown.

5. Wipe out the pan each time and repeat with the remaining batter. Warm the glaze if needed and drizzle over pancakes.

NOTE: Before using the cinnamon filling mixture to swirl on top of the pancakes, open up the bag and re-stir to make sure that the butter is fully incorporated.



# DIY FENCE REPAIR

Greg Reger, Parks and Rec Chairman

As a homeowner, house projects never seem to be complete. If you're like me and found that your wooden fence could use a little support and TLC, here are some handy DIY tips:

- Inspect your posts, rails (the horizontal parts), and screening material yearly. After the beating your fence may have taken over the winter, Spring can be a great time to do a quick inspection and put in a little elbow grease!



- Look for wood rot and remove the rotted areas using a mallet and chisel. If you apply some wood preservative to and around the damaged area, you can keep it from spreading and also keep fungi and insects at bay. Fill in the cavity with wood filler, and then sand the area after it's dry.

- Hammer 2x4s under the railing to support it, caulking the top and sides of the railing to keep out moisture.

- A wobbly post can be caused by rotted or broken wood, or because it has become loose in its hole. Minor issues may be repaired with a pair of splints, and 2-3 stakes can help stabilize and secure the bottom of the post. A more permanent cure involves digging around the base, pouring concrete, and replacing the post with a new one.

- You can dig a shallow trench under the fence and fill it in gravel to encourage drainage.

- Have a sagging or improperly closing gate? Check your hinges to see if they are bent and need to be replaced, or if the gate could be straightened with some screws.

## 10th Annual CSU Master Gardener Plant Sale

May 16 and 17  
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# THINK “CLOSE” FIRST

Tom Gillogly, Business Chairman

Are you wondering where to eat, shop, repair your car or get a beer? Well, you should consider staying nearby. Our neighborhood has nearly ninety businesses that invest in your community everyday. The website [sustainableconnections.org](http://sustainableconnections.org) lists the following top ten reasons to support local business.

1. Buy Local, Support yourself- Studies have shown that when you buy from an independent, locally owned business, rather than nationally owned businesses, a more significant portion of your money is used to make purchases from other local businesses, service providers and farms -- continuing to strengthen the economic base of the community.

2. Support community groups- Non-profit organizations receive an average 250% more support from smaller business owners than they do from large businesses.

3. Keep our community unique: Our one-of-a-kind businesses are an integral part of the distinctive character of this place. Tourists are also looking for unique places to visit in the community.

4. Reduce environmental impact- Locally owned businesses can make more local purchases. This generally means contributing less to sprawl, congestion, habitat loss and pollution.

5. Create more good jobs- Small local businesses are the largest employer nationally and in our community, provide the most jobs to residents.

6. Get better service- Local businesses often hire people who better understand the products they sell and their customers.

7. Invest in community- Local businesses are owned by people who live in this community, are

less likely to leave, and are more invested in the community's future.

8. Put your taxes to good use- Local businesses in town centers require comparatively little infrastructure investment and make more efficient use of public services as compared to nationally owned stores entering the community.

9. Buy what you want, not what someone wants you to buy- A multitude of small businesses, each selecting products based not on a national sales plan but on their own interests and the needs of their local customers, guarantees a much broader range of product choices.

10. Encourage local prosperity- A growing body of economic research shows that in an increasingly homogenized world, entrepreneurs and skilled workers are more likely to invest and settle in communities that preserve their one-of-a-kind businesses and distinctive character.



The RHGNA Board is proud to announce that  
The Denver Waldorf School and Builder's Heating and Air Conditioning  
have offered to serve as 2015 Annual Sponsors for the RHGNA!

Our special thanks to Leigh Rhysling and Rich Savich - neighbors who recognize the importance of connecting our community with resources, ideas and opportunities.

They are generously contributing to our newsletter publications for 2015.

Interested in supporting RHGNA? Contact [info@rhgna.org](mailto:info@rhgna.org).